

PRE-EVENT: MONDAY 21 JUNE 2021

09:00
-
17:00

EXPO VIEWING & NETWORKING

DAY 1: TUESDAY 22 JUNE 2021

08:45

EXPO VIEWING & NETWORKING

OPENING PLENARY DAY 1

09:00

OPENING KEYNOTE: FACING AUSTRALIA'S SILENT EPIDEMIC - OUR MENTAL HEALTH CRISIS - Commissioner **Christine Morgan**, CEO, National Mental Health Commission

09:20

FIRESIDE CHAT: REFLECTING ON OUR INCLUSION & DIVERSITY JOURNEY - **Maurice Wilkins & James White**, Global Diversity & Inclusion, **Fastly, USA**

09:40

PLENARY KEYNOTE: NUTRITION: THE MISSING PIECE OF THE CORPORATE PUZZLE - Laureate Professor **Clare Collins**, world leading research dietician, **The University of Newcastle**

09:55

PLENARY KEYNOTE: HEALTHY BUILDINGS & THE WORKPLACE: TRANSFORMING OUR WORK ENVIRONMENTS - **Rachel Hodgdon**, CEO, **International WELL Building Institute, USA**

10:15

PLENARY KEYNOTE: CO-CREATING A THRIVING WORKPLACE - **Damien Mu**, CEO, **AIA Australia**

10:30

MORNING COFFEE BREAK, EXPO VIEWING & NETWORKING

10:45

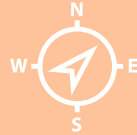
CONFERENCE TRACKS DAY 1

-
12:30



HEALTH, SAFETY & MEDICAL

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Bupa



CULTURE, MEANING & PURPOSE



FINANCIAL WELLNESS

Sponsored by
EarnD



SOLUTIONS

10:45

FIRESIDE CHAT: A LITTLE SUPPORT GOES A LONG WAY IN ENHANCING EMPLOYEE PHYSICAL & MENTAL WELLBEING

CREATING AN ENVIRONMENT OF EQUAL OPPORTUNITY
- Liz Bradford, Head of Strategy & Chief of Staff, Commercial Banking, **HSBC Asia Pacific**

EMPLOYEE FINANCIAL WELLBEING - THE FOUNDATION OF WORKPLACE WELLNESS - Rachel Davis, Head of Product and Marketing, **EarnD**

ENABLING MORE PRODUCTIVE AND ENGAGED EMPLOYEES THROUGH AUSTRALIA'S HEALTHIEST WORKPLACE SURVEY
- Ari Zadikov, Head of Technical Marketing, **Vitality Group**

11:00

FIRESIDE CHAT: BALANCING WELLNESS, INCLUSION & COMPLIANCE AS THE WORLD GOES BACK TO POST-COVID 'NORMAL'

FIRESIDE CHAT: IMPOSTER SYNDROME - HOW TO FAKE IT TILL YOU MAKE IT - Liz Bradford, Head of Strategy & Chief of Staff, Commercial Banking, **HSBC Asia Pacific**

FIRESIDE CHAT: IS FINANCIAL STRESS COSTING YOUR EMPLOYEES LOST PRODUCTIVITY - HOW CAN YOU HELP? - Jessica Yun, Workplace Correspondent & Finance News Producer, **Yahoo Finance**; Andrew MacNiven, Communications and Education Manager, **Money101**

MINIMISING RISK WHEN SETTING UP YOUR PEER SUPPORT PROGRAM - Prue Laurence, Director Safe Select, **Converge International**

11:15

WOMEN'S HEALTH ISSUES: IT MAKES BUSINESS SENSE TO CARE - Naomi Seddon, international lawyer, author; **Shareholder, Littler**

FIRESIDE CHAT: HOW CAN TECHNOLOGY HELP BUILD AND MAINTAIN SOCIAL RELATIONSHIPS? Dr Michelle Lim, leading Australian expert on loneliness, inaugural Chairperson and Scientific Chair, **Ending Loneliness Together**; Olly Bridge, Chief Growth Officer, **welteq**

BUILDING FINANCIAL WELLBEING FOR FIRST NATIONS PEOPLE - Phil Usher, CEO, **First Nations Foundation**

FIRESIDE CHAT: THE IMPORTANCE OF MANAGING INDIVIDUALS TO CREATE HIGH PERFORMING TEAMS
- Aaron Khan, CEO & Founder, **BODi Corporate**; James Fenwick, Director of Operations, **BODi Corporate**

11:30

FIRESIDE CHAT: WORKING FROM HOME INJURIES ARE ON THE RISE - HOW CAN WORKPLACES HELP? - Tatjana Jokic, NSW & Qld Council Member, **Australian Rehabilitation Providers Association**

FIRESIDE CHAT: HOW THE 'ALWAYS ON' CULTURE IS IMPACTING OUR WORKPLACES - Susan Henry, Head of People & Culture, **The Starlight Foundation**

FIRESIDE CHAT: CREATING A VIABLE REWARDS SCHEME IN A REMOTE/HYBRID WORKPLACE MODEL

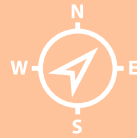
A WHOLE-PERSON, WHOLE ORGANISATION APPROACH TO MENTAL WELLBEING - Matt Meffan, Enterprise Account Executive, **Unmind**

11:45	ALCOHOL AND DRUGS IN THE WORKPLACE: HOW CAN WORKPLACE POLICIES MINIMISE HARM AND HELP MANAGE ADDICTION?	CASE STUDY: MANAGING CHANGE & MENTAL HEALTH ISSUES DURING A TIME OF GREAT UPHEAVAL - Kirrily Tibb, General Manager People ANZ, Intrepid Travel	THE MOST CRITICAL, UNADDRESSED WORKPLACE ISSUE - Daniel McGregor, Wealth Coach and Co-founder, Workplace Wealth	FIRESIDE CHAT: HOW CAN WELLBEING PLATFORMS AND WEARABLES HELP EMPLOYEES THRIVE IN THE MOST STRESSFUL OF SITUATIONS? - Olly Bridge, Chief Growth Officer, wellteq
12:00	PANEL: PREVENTATIVE WELLBEING & SAFETY - HOW WEARABLE TECH CAN SAVE LIVES IN THE WORKPLACE - Moderator: Andrew Kerekes , Chief Product Officer, wellteq ; Panellists: Rio, Qantas, Lendlease, Garmin	PANEL: FIRST-AID FOR RACISM - SUPPORTING PEOPLE EXPERIENCING RACISM AT WORK - Professor Nareen Young , Industry Professor, Jumbunna Institute of Indigenous Education and Research; University of Technology Sydney ; Wesa Chau , Co-founder Resilience Against Racism and CEO, Cultural Intelligence ; Christine Yeung , award winning psychologist & CEO, Beyond Story	PANEL: ON DEMAND PAY: BENEFITS, MISCONCEPTIONS & IMPACT - Moderator: Josh Vernon , CEO, Earn'd	
ROUNDTABLES DAY 1				
12:30	ROUNDTABLE 1: FINANCIAL WELLNESS - Alison Mclean, Head of Behavioural Research and Development, AIA Australia			
- 13:00	ROUNDTABLE 2: WHY DIGITAL WELLBEING IS HERE TO STAY - Dipra Ray, CEO, Springday			
	ROUNDTABLE 3: IS YOUR VIEW OBSCURED? COMMON ROADBLOCKS TO VIEWING PEOPLE RISK THROUGH AN EMPLOYEE EXPERIENCE LENS (AND HOW TO OVERCOME THEM) - Moderator: Andrea Piaia , Director, Retirement, Willis Towers Watson ; Tasha McNamara , Account Director, Workplace Risk, Willis Towers Watson ; Rebecca Matthews , Senior Client Consultant, Health & Benefits, Willis Towers Watson			
13:00 - 15:00	CONFERENCE TRACKS DAY 1 (CONTINUED)			



HEALTH, SAFETY & MEDICAL

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CULTURE, MEANING & PURPOSE



WORKPLACE EXPERIENCE



SOLUTIONS

13:00

THE ROLLOUT OF THE COVID-19 VACCINE AND ITS EFFECTS ON THE WORKPLACE

HOW CAN WE BE MORE THOUGHTFUL, AUTHENTIC AND INCLUSIVE AT WORK?
- Diana Nadebaum, Chief People Officer, Opteon

FIRESIDE CHAT: VIDEO CONFERENCING WAS A 'LIFESAVER' DURING COVID - WHAT MIGHT BE LOST ON OUR RETURN TO FACE TO FACE WORK? Annelie Xenofontos, Senior Workplace Strategist, Axiom Workplaces; Domino Risch, Principal, Hassell Architects

DELIVERING PROMOTION & PREVENTION FOCUSSED MENTAL HEALTH & WELLBEING STRATEGIES AT SCALE
- Louis Island, Co-founder and Operations Manager, Active & Thriving

13:15

FIRESIDE CHAT: PROVIDING A SAFE ENVIRONMENT FOR HYBRID WORK PLACES

BUILDING A MENTALLY HEALTHY WORKPLACE - David Burroughs, Chief Mental Health Officer, Westpac

FIRESIDE CHAT: BUILDING A WELLBEING ECOSYSTEM THAT DRIVES EMPLOYEE ENGAGEMENT - Troy Morgan, Director of Wellbeing Strategy, Springday

FIRESIDE CHAT: EMPOWER YOUR FERTILITY AT WORK - STEPS TO NAVIGATING THE FERTILITY JOURNEY AT WORK (AND WHAT EMPLOYERS CAN DO TO HELP) - Dr Devora Lieberman, Medical Director, City Fertility, NSW; Claire Hall, coach and Founder of Authentic Empowerment

13:45

HOW HOPE AFFECTS YOUR HEALTH AND FIVE WAYS TO BUILD IT

YOUR MINDSET: LEARN HOW TO COPE AND THRIVE IN UNCERTAIN TIMES
- Chelsea Pottenger, Director, EQ Minds





FIRESIDE CHAT: THE IMPERATIVE MINDSET SHIFT - WHY ORGANISATIONS MUST VIEW PEOPLE RISK THROUGH AN EMPLOYEE EXPERIENCE LENS
- Zoe Isles, Account Manager, Workplace Risk, David Rowell, Managing Director - Health & Benefits, Australia & New Zealand, Willis Towers Watson; Lucia Ryan, Director, Digital Solutions, Willis Towers Watson

PUML BETTER HEALTH SOLUTIONS - Damien King, Founder, CEO/CTO, PUML Better Health

14:00	FIRESIDE CHAT: BURNING OUT - YOU'RE NOT ALONE: SYMPTOMS AND REMEDIES	FIRESIDE CHAT: WHY DIVERSE TEAMS ARE BETTER	FIRESIDE CHAT: HYBRID WORKING - WILL IT STAY THE COURSE POST PANDEMIC? Kerrie Dewey, Director HR, People & Performance, Colliers International ; Cassandra Kirk, Head Design & Strategy, Axiom Workplaces	FIRESIDE CHAT: THE WELLNESS ASSISTANT: YOUR SIMPLE SOLUTION TO IMPROVING EMPLOYEE HEALTH Chris Ftinogiannis, Director, AEP Health Group ; Andrew MacNiven, Communications and Education Manager, Money101
14:15	HOW TO STAY HEALTHY IN REMOTE WORK - WHAT DO DOCTORS SAY?	#NOTONMYWATCH: THE PLEDGE AGAINST WORKPLACE BULLYING, SEXUAL HARASSMENT AND DISCRIMINATION - Fay Calderone, Partner, Hall & Willcox	WELCOME TO THE ERA OF 'HUMAN EXPERIENCE MANAGEMENT'	HEALTHWORKS SOLUTIONS
14:30	PANEL: IS EMPLOYEE WELLBEING TECH WORTH IT? - Panellist: Diana Black, Wellbeing, Health & Safety Lead, Bupa	PANEL: CREATING SAFE WORKPLACES FOR ALL	PANEL: WORKPLACES THAT MOVE AND CONNECT PEOPLE - Panellists: Jack Noonan Vice President, Asia Pacific, International WELL Building Institute ; Moderator: Valerie Mack, Principal, Interior Design, Buchan	
15:00	AFTERNOON COFFEE BREAK, EXPO VIEWING & NETWORKING			
	CLOSING PLENARY DAY 1			
15:15	FIRESIDE CHAT: RISING TO THE CHALLENGE OF CREATING FAMILY FRIENDLY WORKPLACES - Kate Carnell AO, former Ombudsman, Australian Small Business and Family Enterprise Ombudsman , Deputy Chair, Beyondblue ; Emma Walsh, Founder & CEO, Parents At Work			
15:30	PLENARY KEYNOTE: THE EMPLOYER-EMPLOYEE RELATIONSHIP HAS CHANGED FOREVER - Brad Joffe, GM Australia, Earnd			
15:40	PLENARY KEYNOTE: A NEW VISION FOR SUPPORTING EMPLOYEE MENTAL HEALTH - Zach Hotchkiss, Country Manager ANZ, Unmind			
15:50	CLOSING KEYNOTE DAY 1: MAKING SENSE OF THE MENTAL HEALTH & WELLBEING LANDSCAPE POST PANDEMIC - Professor Ian Robertson, Emeritus Professor, Work & Organisational Psychology, The University of Manchester , UK			
16:10	PLENARY PANEL: BEYOND COMPLIANCE: IS VALUES BASED LEADERSHIP THE KEY TO ADDRESSING WORKPLACE BULLYING AND SEXUAL HARRASSMENT? Panellists: Angela Priestley, co-Founder, Agenda Media , and Publisher & Founding Editor, Women's Agenda ; Lisa Annese, CEO, Diversity Council of Australia ; Professor Ian Robertson, Emeritus Professor, Work & Organisational Psychology, The University of Manchester , UK; Moderator: Fay Calderone, Partner, Hall & Willcox			
16:45	EXPO VIEWING & NETWORKING			
17:30	EXPO CLOSES			

DAY 2: WEDNESDAY 23 JUNE 2021

08:45	EXPO VIEWING & NETWORKING
09:00	OPENING PLENARY DAY 2 OPENING KEYNOTE: WORKPLACE CIVILITY AS A STRATEGY TO PREVENT JOB BURNOUT - Dr Michael Leiter , world authority on workplace burnout; Honorary Professor, School of Psychology, Deakin University ; Adjunct Professor, Acadia University, Canada
09:20	FIRESIDE CHAT: WHAT IS EMPATHIC LEADERSHIP? - Craig Hudson , Managing Director, Xero , New Zealand; Moderator: Jessica Yun , Workplace Correspondent & Finance News Producer, Yahoo Finance
09:40	PLENARY KEYNOTE: GENDER INEQUALITY AT WORK: THE IMPACT ON WOMEN'S MENTAL AND PHYSICAL HEALTH - Tanja Kovac , CEO, Gender Equity Victoria (GEN VIC)
09:55	FIRESIDE CHAT: FUTURE OF WELLBEING IN THE WORKPLACE - Scott Montgomery , CEO and Co-Founder, wellteq ; Travis Johnson , Global Product Lead, Garmin Health
10:10	PLENARY PANEL
10:30	MORNING COFFEE BREAK, EXPO VIEWING & NETWORKING
10:45 - 12:30	CONFERENCE TRACKS DAY 2

	 MENTAL WELLBEING Sponsored by wellteq/Garmin	 EMPLOYEE ENGAGEMENT	 LEADERSHIP Sponsored by Unmind	 SOLUTIONS
10:45	POST-COVID BURNOUT - HOW TO ENGAGE AND SUPPORT EMPLOYEES IN A HYBRID WORKPLACE - Dr Mark Cross , Lead Psychiatrist in the ABC TV series, Changing Minds ; author of <i>Anxiety</i>	YOU CAN'T HAVE ENGAGEMENT WITHOUT EMOTION: WHY THIS IS OFTEN THE MISSING LINK - Sue Langley , Founder and CEO, Langley Group	FIRESIDE CHAT: DEVELOPING RESILIENT AND AGILE WORKFORCES THROUGH VALUES BASED LEADERSHIP Amy Walker , Chief Human Resources Manager, Visy	STRATEGIES THAT INCREASE ENGAGEMENT IN NUTRITION PROGRAMS - Camilla Henderson , Work Health Advisor and Dietitian, Bupa

11:00	FIRESIDE CHAT: MENTAL FITNESS - THE KEY TO PEAK PERFORMANCE - Candice Smith , Head of Wellbeing, AIA Australia ; Kate Hall , Head of Mental Health and Wellbeing, AFL	FIRESIDE CHAT: HOW CAN WE GUIDE AND SUPPORT TEAMS FACING DISRUPTION AND AN UNCERTAIN FUTURE? - Sandra de Kock , GM People & Culture, Perth Airport ; Martin Cowie , Chief People Officer, OMD	FIRESIDE CHAT: REFLECTION & DEBRIEFING - A KEY WELLBEING STRATEGY FOR LEADERS & TEAMS - Sally Craig , GM People & Culture, Kennards Hire	EARNED WAGE ACCESS: WHAT IT IS AND HOW IT WORKS - Josh Vernon , CEO, Earned
11:15	WE NEED TO TALK ABOUT MASCULINITY, SOCIAL CONNECTEDNESS AND MENTAL HEALTH - Dr Zac Seidler , Director of Mental Health Training, Movember	AM I SAFE? HOW THE ANSWER TO THIS QUESTION INFLUENCES EVERYONE'S WELLBEING - Linda Ray , Founder and Chief Executive Officer, NeuroCapability	HOW TO BE A COMPASSIONATE LEADER	BUILDING WELLBEING INTO YOUR WORKPLACE STRATEGY - THEN MONITORING AND MEASURING IT - Axiom Workplaces
11:30	FIRESIDE CHAT: GRIEF IN THE WORKPLACE: HOW TO HANDLE DEATH, LOSS AND TRAUMA - Amanda Tipping , Partnerships Manager, Pink Elephants Support Network ; Dr Zac Seidler , Director of Mental Health Training, Movember	FIRESIDE CHAT: WHAT MAKES A GREAT PLACE TO WORK, ESPECIALLY IN EXTRAORDINARY TIMES?	FIRESIDE CHAT: WHY LEADERS SHOULD TAKE A 'MENTAL HEALTH DAY'	USING TECHNOLOGY TO ENABLE YOUR EMPLOYEES WELLBEING EXPERIENCE - Richard Body , Head of Digital Solutions, Willis Towers Watson ; Emma Longmore , Head of Communication, Willis Towers Watson
11:45	CASE STUDY: STRONGER TOGETHER - DEVSING AND IMPLEMENTING A MENTAL HEALTH STRATEGY AT KMART - Conor Duffy , National Injury & Wellbeing Manager, Kmart	FIRESIDE CHAT: THE NEW NORMAL: ONBOARDING NEW EMPLOYEES REMOTELY - Catherine Birchall , Founding Director, Money101 ; Meahan Callaghan , Chief People Officer, Afterpay	AVOCADO LEADERS - WHAT THEY ARE AND WHY YOUR ORGANISATION NEEDS THEM POST COVID-19	FIRESIDE CHAT: ENHANCING YOUR WORKPLACE EXPERIENCE - COFFEE LIKE NEVER BEFORE - David Scott , Managing Director, Brewhub
12:00	PANEL: STEPPED CARE MODEL - USING DIGITAL CARE TO SUPPORT YOUR EMPLOYEES WHEREVER THEY ARE ON THE HEALTH CONTINUUM - Moderator: Gretchen Masters , Program Development Manager, wellteq ; Panellists: Coles, Willis Towers Watson, Garmin	PANEL: JUMPSTARTING AN EXHAUSTED WORKFORCE - STRATEGIES TO HELP EMPLOYEES REVIVE AND THRIVE - Panellists: Dipra Ray , CEO, Springday ; Damien King , Founder, CEO/CTO, PUML Better Health	PANEL: 2020 LEFT EMPLOYEES FEELING DISENGAGED, BURNT OUT AND DOWNRIGHT EXHAUSTED - WHAT CAN LEADERS DO? Zach Hotchkiss , Country Manager, ANZ, Unmind ; James Fenwick , Director of Operations, BODi Corporate	

ROUNDTABLES DAY 2

ROUNDTABLE 1: HOW TO DRIVE LARGE-SCALE CULTURE CHANGE AROUND MENTAL HEALTH IN THE WORKPLACE - Jordana Cheong, Client Success Lead ANZ, **Unmind**; Matt Meffan, Enterprise Account Executive, **Unmind**

12:30

ROUNDTABLE 2: IS FINANCIAL WELLNESS MORE THAN JUST A PAY CHEQUE? - Brad Joffe, GM Australia, **Earnd**; Josh Vernon, CEO, **Earnd**

13:00

ROUNDTABLE 3: VIDEO CONFERENCING: ITS EFFECT ON WORKPLACE WELLBEING, COMMUNICATION & COLLABORATION - Annelie Xenofontos, Senior Workplace Strategist, **Axiom Workplaces**

ROUNDTABLE 4: HOW TO PILOT NEW HEALTH & WELLNESS INITIATIVES - Inga Wilkins, Head of Health & Wellbeing, **Bupa**

ROUNDTABLE 5: "I'D RATHER DISCUSS SEX THAN MONEY" – BREAKING THE STIGMA AROUND PERSONAL FINANCE - Catherine Birchall, Founding Director, **Money101**; Andrew MacNiven, Communications and Education Manager, **Money101**

13:00

15:00

CONFERENCE TRACKS DAY 2 (CONTINUED)



MENTAL WELLBEING

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wellteq/Garmin



EMPLOYEE ENGAGEMENT



FITNESS, NUTRITION & SLEEP



SOLUTIONS

13:00

SHIFTING FROM TOXIC TO SUPPORTIVE WORKPLACE CULTURES - Dr Jenny George, CEO, **Converge International**

PRIORITISING EMPLOYEE MENTAL HEALTH AND WELLBEING TO ATTRACT (& KEEP) TOP TALENT

FORGET FITNESS AND NUTRITION IF YOU DON'T ADDRESS SLEEP FIRST - Dr Justine Tuffley, Health & Wellbeing Specialist, **Healthworks**

SPRINGDAY SOLUTIONS - Nick Williams, Head of Business Development, **Springday**

13:15

LET'S TALK ABOUT THE UNSPOKEN: LONELINESS & BELONGING AT WORK - Christine Yeung, award winning psychologist, Founder & CEO, **Beyond Story**

FIRESIDE CHAT: WHAT DO EMPLOYEES EXPECT FROM A WORKPLACE IN 2021?

PANEL: MOVE OVER ZOOM FATIGUE - BRING BACK ENERGY, VITALITY & MOTIVATION TO YOUR WORK - **Moderator:** Michele Chevalley Hedge, Nutritionist, international speaker and author, **A Healthy View**; **Panellists:** Kim Turnbull, Human Resources Manager, **Carroll & O'Dea Lawyers**; Alison Peake, Head of Group Communications, **The a2 Milk Company**

HOW DO YOU HELP YOUR MOST VALUABLE ASSET TURN THEIR WAGES INTO WEALTH? Daniel McGregor, Wealth Coach, **Workplace Wealth**

13:45	<p>CASE STUDY: MENTALLY HEALTHY WORKPLACES: A PRACTICAL APPROACH & LESSONS LEARNED AT LA TROBE UNIVERSITY - Josh Marsden, Director, Corporate Wellbeing, Active & Thriving; Spomenka Krizmanic, Health, Safety and Wellbeing Manager, La Trobe University</p>	<p>UNDERSTANDING AND ASSESSING YOUR ORGANISATION'S EMOTIONAL CULTURE</p>	<p>FIRESIDE CHAT: NOURISH YOUR FERTILITY - WHAT TO PACK IN A FERTILITY FRIENDLY LUNCH BOX - Dr Helen Peric, Fertility Specialist, City Fertility; Stefanie Valakas, expert fertility dietitian; Founder, The Dietologist</p>	
14:00	<p>FIRESIDE CHAT: HOW DO I STOP TAKING WORK HOME WHEN I WORK FROM HOME? Aaron Khan, CEO & Founder, BODi Corporate; James Fenwick, Director fo Operations, BODi Corporate</p>	<p>FIRESIDE CHAT: THE BENEFITS OF FLEXIBLE WORK SCHEDULES - MORE THAN A PERK? - Linda Hibberd, Chief People Officer, PEXA</p>	<p>FIRESIDE CHAT: HOW TO SUPPORT OPTIMAL ALERTNESS IN THE WORKPLACE - Dr Andrew Tucker, Director, Australian Sleep & Alertness Consortium, Sleep Health Foundation</p>	
14:15	<p>FIRESIDE CHAT: IS TECHNOLOGY A DOUBLE EDGED SWORD FOR EMPLOYEE MENTAL HEALTH? Associate Professor Anya Johnson, Deputy Head, Work and Organisational Studies, The University of Sydney Business School; Dr Helen Nguyen, Work and Organisational Studies, The University of Sydney Business School</p>	<p>MOBILITY: THE KEY TO ATTRACTING, RETAINING AND ENGAGING EMPLOYEES</p>	<p>FIRESIDE CHAT: IS A FIVE HOUR DAY IDEAL?</p>	
14:30	<p>PANEL: WHY WE NEED TO FOCUS ON MORE THAN ILLNESS TO IMPROVE MENTAL HEALTH OUTCOMES - Panellists: Dr Suzy Green, Clinical and Coaching Psychologist, Founder, The Positivity Institute; Dr Joep van Agteren, Research and Development Lead, Welbeing and Resilience Centre, SAHMRI; Ian Westmoreland, Founder and Chairman, Mentoring Men; Stephanie Thompson, Workplaces Program lead, WayAhead - Mental Health Association NSW</p>	<p>PANEL: THE POWER OF FORESIGHT: HOW LEADING ORGANISATIONS ARE REDUCING THEIR PEOPLE RISK EXPOSURE BY FOCUSING ON EMPLOYEE EXPERIENCE - Moderator: Dr Adam Hall, Senior Director, Talent & Reward Australia, Willis Towers Watson</p>	<p>HOW DOES THE MICROBIOME AFFECT NOT ONLY OUR MOOD BUT ALSO HOW WE THINK, FEEL AND BEHAVE?</p>	<p>AIA SOLUTIONS</p>

15:00	AFTERNOON COFFEE BREAK, EXPO VIEWING & NETWORKING
	CLOSING PLENARY DAY 2
15:15	PLENARY KEYNOTE: DARE TO LEAD LIKE A GIRL - Dalia Feldheim, organisational psychologist; Adjunct Professor, Singapore Management University
15:30	FIRESIDE CHAT: ETHICAL DECISION MAKING IN BUSINESS - HOW DOES YOUR COMPANY CULTURE STAND UP? Simon Illingworth, former Detective Sergeant and anti-corruption investigator; CEO, Ethical Strength; Dr Greg Wood, business ethics expert, retired professor, Dept of Management, Deakin University
15:50	PLENARY KEYNOTE: FUTURE OF HEALTHCARE - Sean Silvey, Head of Wellbeing, Health & Safety, Bupa
16:00	CLOSING PLENARY KEYNOTE DAY 2: WHY AUSTRALIAN WORKPLACES NEED RESILIENCE AGAINST RACISM - Wesa Chau, Co-founder of Resilience Against Racism and CEO, Cultural Intelligence
16:15	PLENARY PANEL: COURAGE, RESILIENCE, FLEXIBILITY & CHANGE - HOW CAN WE BUILD ON THE STRIDES WE MADE IN 2020?
16:45	EXPO VIEWING & NETWORKING
17:30	EXPO CLOSES