

PRE-EVENT: MONDAY 21 JUNE 2021

09:00
-
17:00

EXPO VIEWING & NETWORKING

DAY 1: TUESDAY 22 JUNE 2021

08:45

EXPO VIEWING & NETWORKING

OPENING PLENARY DAY 1

09:00

OPENING KEYNOTE: MENTALLY HEALTHY WORKPLACES - A CORE COMPONENT OF OUR PANDEMIC RECOVERY - Commissioner Christine Morgan, CEO, National Mental Health Commission

09:20

FIRESIDE CHAT: REFLECTING ON OUR INCLUSION & DIVERSITY JOURNEY - Maurice Wilkins & James White, Global Diversity & Inclusion, Fastly, USA

09:40

PLENARY KEYNOTE: NUTRITION: THE MISSING PIECE OF THE CORPORATE PUZZLE - Laureate Professor Clare Collins, world leading research dietician, The University of Newcastle

09:55

PLENARY KEYNOTE: HEALTHY BUILDINGS & THE WORKPLACE: TRANSFORMING OUR WORK ENVIRONMENTS - Rachel Hodgdon, President and CEO, International WELL Building Institute, USA

10:15

PLENARY KEYNOTE: CO-CREATING A THRIVING WORKPLACE - Damien Mu, CEO, AIA Australia

10:30

MORNING COFFEE BREAK, EXPO VIEWING & NETWORKING

10:45

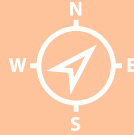
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12:30

CONFERENCE TRACKS DAY 1



HEALTH, SAFETY & MEDICAL

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Bupa



CULTURE, MEANING & PURPOSE



FINANCIAL WELLNESS

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EarnD



SOLUTIONS

10:45

FIRESIDE CHAT: INNOVATIVE APPROACH TO BUILDING HEALTHY BEHAVIOURS AND REDUCING STRESS USING BEHAVIOURAL SCIENCE + TECHNOLOGY - **Sanji Kanagalingam**, CEO, **WeGuide**; **Jane Gardner**, Head of Health and Wellbeing Strategy and Foundation Programs, **Lendlease**; **Jane Strangward**, Director, **Neurologic+**

CREATING AN ENVIRONMENT OF EQUAL OPPORTUNITY - **Elizabeth Bradford**, Head of Strategy & Chief of Staff, Commercial Banking, **HSBC Asia Pacific**

EMPLOYEE FINANCIAL WELLBEING - THE FOUNDATION OF WORKPLACE WELLNESS - **Rachel Davis**, Head of Product and Marketing, **EarnD**

FIRESIDE CHAT: NAVIGATING A WORKFORCE STAND-DOWN OF OVER 25,000 EMPLOYEES DURING THE COVID-19 CRISIS - **Claire Ebstein**, Head of Consulting Services, **Healthworks**; **Brooke Dwyer**, Qantas Group Wellbeing Manager, **Qantas**

11:00

FIRESIDE CHAT: BALANCING WELLNESS, INCLUSION & COMPLIANCE AS THE WORLD GOES BACK TO POST-COVID 'NORMAL' - Laureate Professor **Clare Collins**, world leading research dietician, **The University of Newcastle**; **Zach Ghirardello**, Member Engagement and Partnership, **Diversity Council of Australia**

FIRESIDE CHAT: IMPOSTER SYNDROME - HOW TO FAKE IT TILL YOU MAKE IT - **Elizabeth Bradford**, Head of Strategy & Chief of Staff, Commercial Banking, **HSBC Asia Pacific**; **Dr Helena Nguyen**, Work and Organisational Studies, **The University of Sydney Business School**

FIRESIDE CHAT: IS FINANCIAL STRESS COSTING YOUR EMPLOYEES LOST PRODUCTIVITY - HOW CAN YOU HELP? - **Jessica Yun**, Workplace Correspondent & Finance News Producer, **Yahoo Finance**; **Andrew MacNiven**, Communications and Education Manager, **Money101**

MINIMISING RISK WHEN SETTING UP YOUR PEER SUPPORT PROGRAM - **Prue Laurence**, Director Safe Select, **Converge International**

11:15

WOMEN'S HEALTH ISSUES: IT MAKES BUSINESS SENSE TO CARE - **Naomi Seddon**, international lawyer, author; **Shareholder, Littler**

FIRESIDE CHAT: HOW CAN TECHNOLOGY HELP BUILD AND MAINTAIN SOCIAL RELATIONSHIPS? Dr **Michelle Lim**, leading Australian expert on loneliness, inaugural Chairperson and Scientific Chair, **Ending Loneliness Together**; **Olly Bridge**, Chief Growth Officer, **wellteq**

FIRESIDE CHAT: BUILDING FINANCIAL WELLBEING FOR FIRST NATIONS PEOPLE - **Phil Usher**, CEO, **First Nations Foundation**; **Andrew MacNiven**, Communications and Education Manager, **Money101**

FIRESIDE CHAT: THE IMPORTANCE OF MANAGING INDIVIDUALS TO CREATE HIGH PERFORMING TEAMS - **Aaron Khan**, CEO & Founder, **BODi Corporate**; **James Fenwick**, Director of Operations, **BODi Corporate**

11:30	FIRESIDE CHAT: WORKING FROM HOME INJURIES ARE ON THE RISE - HOW CAN WORKPLACES HELP? - Tatjana Jokic , NSW & Qld Council Member, Australian Rehabilitation Providers Association ; Stephanie Thompson , Workplaces Program Lead, WayAhead - Mental Health Association NSW	FIRESIDE CHAT: HOW THE 'ALWAYS ON' CULTURE IS IMPACTING OUR WORKPLACES - Susan Henry , Head of People & Culture, The Starlight Foundation ; Dr Suzy Green , Clinical and Coaching Psychologist, Founder, The Positivity Institute	HOW DO YOU PROVIDE FLEXIBILITY FOR THE FRONTLINE EMPLOYEE? - Juri Han , Head of Strategic Partnerships, Earnd	A WHOLE-PERSON, WHOLE ORGANISATION APPROACH TO MENTAL WELLBEING - Matt Meffan , Enterprise Account Executive, Unmind
11:45	ALCOHOL AND OTHER DRUGS IN THE WORKPLACE: HOW CAN WORKPLACE POLICIES MINIMISE HARM AND HELP MANAGE ADDICTION? - Professor Nicole Lee , leading expert in alcohol and other drug practice and policy, National Drug Research Institute , Curtin University	CASE STUDY: MANAGING CHANGE & MENTAL HEALTH ISSUES DURING A TIME OF GREAT UPHEAVAL - Kirrily Tibb , General Manager People ANZ, Intrepid Travel	THE MOST CRITICAL, UNADDRESSED WORKPLACE ISSUE - Daniel McGregor , Wealth Coach and Co-founder, Workplace Wealth	FIRESIDE CHAT: HOW CAN WELLBEING PLATFORMS AND WEARABLES HELP EMPLOYEES THRIVE IN THE MOST STRESSFUL OF SITUATIONS? - Oilly Bridge , Chief Growth Officer, wellteq ; Alasdair Gordon , CEO, Ecosse Global ; Charles Pittar , Managing Partner, Aptus Growth
12:00	PANEL: PREVENTATIVE WELLBEING & SAFETY - HOW WEARABLE TECH CAN SAVE LIVES IN THE WORKPLACE - Panellists: Dr Ian Hosegood , Qantas Group Medical Director, Qantas ; Harry Gasiamis , Head of Sales B2B Health/Fleet ANZ, Garmin ; Moderator: Andrew Kerekes , Chief Product Officer, wellteq	PANEL: FIRST-AID FOR RACISM - SUPPORTING PEOPLE EXPERIENCING RACISM AT WORK - Professor Nareen Young , Industry Professor, Jumbunna Institute of Indigenous Education and Research ; University of Technology Sydney ; Wesa Chau , Co-founder Resilience Against Racism and CEO, Cultural Intelligence ; Christine Yeung , award winning psychologist & CEO, Beyond Story	PANEL: ON DEMAND PAY: BENEFITS, MISCONCEPTIONS & IMPACT - Panellists: Zoe Coglitore , Chief People and Capability Officer, Pizza Hut Australia ; Zahra Peggs , Group Executive, People & Corporate Affairs, TSA Group – Australia ; Moderator: Josh Vernon , CEO, Earnd	FIRESIDE CHAT: BUILDING A WORLD CLASS WELLBEING CULTURE THAT STICKS - Sir John Kirwan , All Blacks rugby legend and mental health champion; co-founder Mentemia , New Zealand ; Rita Slogrove , Learning and Organisational Development Manager, Fletcher Building Australia
12:15				FIRESIDE CHAT: EATING SOLUTIONS TO OPTIMISE YOUR ORGANISATION - Laureate Professor Clare Collins , world leading research dietician, The University of Newcastle ; Dr Rebecca Haslam , Research Associate in Nutrition and Dietetics, The University of Newcastle ; Dr Lee Ashton , Post-Doctoral Researcher in Nutrition, The University of Newcastle

ROUNDTABLES DAY 1

ROUNDTABLE 1: FINANCIAL DECISION MAKING – PERSPECTIVES OF AN INVESTOR AND A BEHAVIOURAL SCIENTIST - Alison Mclean, Head of Behavioural Research and Development, AIA Australia; Chris Judd, Director, Chris Judd Invest

ROUNDTABLE 2: WHY DIGITAL WELLBEING IS HERE TO STAY - Dipra Ray, CEO, Springday; Nick Williams, Head of Business Development, Springday; Natasha Copley, Human Resources Director ANZ, DXC Technology; Trish Egan, Chief Operating Officer, Diabetes NSW; Rosalie McKnight, Safety, Health and Environment Coordinator, WSP

ROUNDTABLE 3: IS YOUR VIEW OBSCURED? COMMON ROADBLOCKS TO VIEWING PEOPLE RISK THROUGH AN EMPLOYEE EXPERIENCE LENS (AND HOW TO OVERCOME THEM) - **Moderator:** Andrea Piaia, Director, Retirement, Willis Towers Watson; Tasha McNamara, Account Director, Workplace Risk, Willis Towers Watson; Rebecca Matthews, Senior Client Consultant, Health & Benefits, Willis Towers Watson

12:30

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13:00

ROUNDTABLE 4: HOW DO ORGANISATIONS BEST MANAGE THE IMPACTS OF INAPPROPRIATE CUSTOMER BEHAVIOUR? - Dianne Lyne, Customer Relationship Manager, Benestar; Robyn Patton, Social Worker and Training Facilitator, Benestar

ROUNDTABLE 5: PREVENTATIVE ACTION FOR LEADERS GETTING AHEAD OF MENTAL HEALTH - UNPACKING THE RECENT COMMISSION REPORTS INTO ACTIONABLE STEPS - Dawn O'Neil AM, mental health thought leader, Breathing Space Ambassador, CogNative Solutions; Therese Joyce, Manager, Mental Health & Wellbeing, CogNative Solutions; Damian Johnson, Senior Principal, Fisher Leadership

ROUNDTABLE 6: FITNESS FOR WORK & ALCOHOL AND OTHER DRUG USE: INTOXICATION, FATIGUE AND WORKER WELLBEING - Dr Moira Junge, Senior Consultant, 360Edge; Professor Nicole Lee, leading expert in alcohol and other drug practice and policy, National Drug Research Institute, Curtin University; Amanda Wilson, Chief People Officer, Melbourne Convention & Exhibition Centre

ROUNDTABLE 7: SO WE KNOW THE WHY, BUT WHAT ABOUT THE HOW? SHARING BITE SIZED BEST PRACTICE TIPS AND ADVICE ON WHAT'S WORKING IN YOUR WORKPLACE - Sir John Kirwan, All Blacks rugby legend and mental health champion, co-founder Mentemia, New Zealand; Dr Fiona Crichton, health psychologist and Clinical Team Lead, Mentemia, New Zealand

ROUNDTABLE 8: IF YOUR STAFF WORK EVERYDAY AND HAVE EXPENSES EVERYDAY, WHY SHOULD THEY GET PAID ONCE A FORTNIGHT/MONTH? – Steven Furman, Founder & CEO, Paytime; Angus Sedgwick, Managing Director, TIM Finance

13:00

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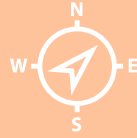
15:00

CONFERENCE TRACKS DAY 1 (CONTINUED)



HEALTH, SAFETY & MEDICAL

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CULTURE, MEANING & PURPOSE



WORKPLACE EXPERIENCE



SOLUTIONS

13:00

WHY MENTAL HEALTH IS IMPORTANT IN THESE CHANGING TIMES - Jim Kelly, Director Health & Safe Design, **SafeWork NSW**

HOW CAN WE BE MORE THOUGHTFUL, AUTHENTIC AND INCLUSIVE AT WORK? - Diana Nadebaum, Chief People Officer, **Opteon**

FIRESIDE CHAT: VIDEO CONFERENCING WAS A 'LIFESAVER' DURING COVID - WHAT MIGHT BE LOST ON OUR RETURN TO FACE TO FACE WORK? - Annelie Xenofontos, Senior Associate Strategy, **Axiom Workplaces**; **Domino Risch**, Principal, **Hassell Architects**

CASE STUDY: MENTALLY HEALTHY WORKPLACES: A PRACTICAL APPROACH & LESSONS LEARNED AT LA TROBE UNIVERSITY - Josh Marsden, Director, Corporate Wellbeing, **Active & Thriving**; **Spomenka Krizmanic**, Health, Safety and Wellbeing Manager, **La Trobe University**

13:15

FIRESIDE CHAT: MITIGATING RISK AND REDUCING HARM IN THE WORKPLACE: THE KEY ROLE OF PSYCHOLOGICAL FIRST AID AND CRITICAL INCIDENT RESPONSE - Kathryn Kavanagh, Customer Experience Director ACT, **Benestar**; **Kylie Harrison**, Clinical Psychologist, **Benestar**

RECORDING WWF 2020 PANEL: WHY ARE WE HAVING AN EXPLOSION OF MENTAL ILL HEALTH - HOW CAN THE WORKPLACE HELP? **Panellists:** Katherine Newton, CEO, **R U OK?**; **Renee Sturtevant**, leading HR expert in the retail sector; **Kate Connors**, Director of Wellness, **PwC**; **Jack Heath**, CEO, **SANE Australia**; **Moderator:** **Jenny George**, CEO, **Converge International**

FIRESIDE CHAT: BUILDING A WELLBEING ECOSYSTEM THAT DRIVES EMPLOYEE ENGAGEMENT - Troy Morgan, Director of Wellbeing Strategy, **Springday**; **Marty Rabjohns**, Manager, People & Organisation, and Senior Consultant, **The People Business**, **PwC Australia**

FIRESIDE CHAT: EMPOWER YOUR FERTILITY AT WORK - STEPS TO NAVIGATING THE FERTILITY JOURNEY AT WORK (AND WHAT EMPLOYERS CAN DO TO HELP) - Dr **Devora Lieberman**, Medical Director, **City Fertility, NSW**; **Claire Hall**, coach and Founder of **Authentic Empowerment**

13:30

EMPLOYEE WELLBEING TECH - IS IT WORTH IT? - **Josh Marsden**, Director, Corporate Wellbeing, **Active & Thriving**

FIRESIDE CHAT: WHY ACOUSTIC COMFORT AND WELLNESS ARE SO IMPORTANT AT WORK - Annelie Xenofontos, Senior Associate Strategy, **Axiom Workplaces**; **Ethan Bourdeau**, Sound Concept and Performance Verification Lead, **International WELL Building Institute**

MENTAL HEALTH LITERACY - PRACTICAL NEW FUTURE SKILLS FOR LEADERS - **Therese Joyce**, Manager, Mental Health & Wellbeing, **CogNative Solutions**

13:45	INNOVATING REMOTE SKIN CHECKS COMBINING AI AND DERMATOLOGISTS - Broni Scarce, ANZ Business Development Director, SkinVision	YOUR MINDSET: LEARN HOW TO COPE AND THRIVE IN UNCERTAIN TIMES - Chelsea Pottenger, Director, EQ Minds	FIRESIDE CHAT: THE IMPERATIVE MINDSET SHIFT - WHY ORGANISATIONS MUST VIEW PEOPLE RISK THROUGH AN EMPLOYEE EXPERIENCE LENS - Zoe Isles, Account Manager, Workplace Risk, Willis Towers Watson ; David Rowell , Managing Director - Health & Benefits, Australia & New Zealand, Willis Towers Watson ; Lucia Ryan , Director, Digital Solutions, Willis Towers Watson	USING TECHNOLOGY TO EDUCATE, ENGAGE AND REWARD EMPLOYEES - Damien King, Founder, CEO/CTO, PUML Better Health
14:00	FIRESIDE CHAT: BURNING OUT - YOU'RE NOT ALONE: SYMPTOMS AND REMEDIES - Jon Wilson, Board Member, SIOPA ; Jim Kelly , Director Health & Safe Design, SafeWork NSW	CREATING A KINDER, MORE HUMAN WORLD - WHAT WE'VE LEARNT FROM COVID - Gillian Coutts, Country Director, Potential Project Australia	FIRESIDE CHAT: HYBRID WORKING - WILL IT STAY THE COURSE POST PANDEMIC? - Cassandra Kirk , Head Design & Strategy, Axiom Workplaces ; Dr Christhina Candido , A/ Professor/Director SHE (Sustainable and Healthy Environments) Lab, Melbourne School of Design, The University of Melbourne	FIRESIDE CHAT: THE WELLNESS ASSISTANT: YOUR SIMPLE SOLUTION TO IMPROVING EMPLOYEE HEALTH - Chris Ftinogiannis , Director, AEP Health Group ; Andrew MacNiven , Communications and Education Manager, Money101
14:15	HOW TO STAY HEALTHY IN REMOTE WORK - WHAT DO DOCTORS SAY? - Dr Mark Cross , Lead Psychiatrist in the ABC TV series, Changing Minds ; author of <i>Anxiety</i>	#NOTONMYWATCH: THE PLEDGE AGAINST WORKPLACE BULLYING, SEXUAL HARASSMENT AND DISCRIMINATION - Fay Calderone , Partner, Hall & Willcox	FIRESIDE CHAT: PROFESSIONALISING YOUR PREPARATION FOR WORK AND LIFE - Dr Graeme Wright , Clinical Exercise Physiologist and Sports Scientist, Optimum ; David Scott , Managing Director, Brewhub	ENABLING MORE PRODUCTIVE AND ENGAGED EMPLOYEES THROUGH AUSTRALIA'S HEALTHIEST WORKPLACE SURVEY - Ari Zadikov , Head of Technical Marketing, Vitality Group
14:30	PANEL: PROVIDING A SAFE ENVIRONMENT FOR HYBRID WORKPLACES - Panellists: Diana Black , Wellbeing, Health & Safety Lead, Bupa ; Broni Scarce , ANZ Business Development Director, SkinVision ; Ryan McGrory , Head of Employee Experience & Internal Communications, Youi ; Moderator: Dr Suzy Green , Clinical and Coaching Psychologist, Founder, The Positivity Institute	PANEL: WHY DIVERSE TEAMS ARE BETTER - Panellists: Dr Dinesh Palipana OAM, Senior Medical Officer, Gold Coast University Hospital , Lecturer, Griffith University ; Deborah Lambourne , CEO, Job Centre Australia ; Anthony Workman , Area Manager Lower Hunter, Job Centre Australia ; Moderator: Gillian Coutts , Country Director, Potential Project Australia	PANEL: WORKPLACES THAT MOVE AND CONNECT PEOPLE - Panellists: Jack Noonan , Vice President, Asia Pacific, International WELL Building Institute ; Keti Malkoski , Principal - People and Culture Consulting, Schiavello Group and Director, Nura Space ; Anton Schiavello , General Manager, Nura Space ; Moderator: Valerie Mack , Principal, Interior Design, Buchan	WELLBEING EVENTS THAT DRAW A CROWD - Carli Phillips , Corporate Wellbeing Specialist, wellbeing speaker and event host, Corporate Wellbeing Hub
14:45	IS YOUR BUSINESS READY FOR THE NEXT FRONTIER OF HOW PEOPLE GET PAID? - Steven Furman , Founder & CEO, Paytime			

15:00	AFTERNOON COFFEE BREAK, EXPO VIEWING & NETWORKING
	CLOSING PLENARY DAY 1
15:15	FIRESIDE CHAT: RISING TO THE CHALLENGE OF CREATING FAMILY FRIENDLY WORKPLACES - Kate Carnell AO, former Ombudsman, Australian Small Business and Family Enterprise Ombudsman, Deputy Chair, Beyond Blue; Emma Walsh, Founder & CEO, Parents At Work
15:30	PLENARY KEYNOTE: THE EMPLOYER-EMPLOYEE RELATIONSHIP HAS CHANGED FOREVER - Brad Joffe, GM Australia, Earnd
15:40	PLENARY KEYNOTE: A NEW VISION FOR SUPPORTING EMPLOYEE MENTAL HEALTH - Zach Hotchkiss, Country Manager ANZ, Unmind
15:50	CLOSING KEYNOTE DAY 1: MAKING SENSE OF THE MENTAL HEALTH & WELLBEING LANDSCAPE POST PANDEMIC - Professor Ivan Robertson, Emeritus Professor, Work & Organisational Psychology, The University of Manchester; Founding Director, Roberston Cooper Ltd, UK
16:15	PLENARY PANEL: BEYOND COMPLIANCE: IS VALUES BASED LEADERSHIP THE KEY TO ADDRESSING WORKPLACE BULLYING AND SEXUAL HARRASSMENT? Panellists: Angela Priestley, co-Founder, Agenda Media, and Publisher & Founding Editor, Women's Agenda; Lisa Annese, CEO, Diversity Council of Australia; Moderator: Fay Calderone, Partner, Hall & Willcox
16:45	EXPO VIEWING & NETWORKING
17:30	EXPO CLOSES

DAY 2: WEDNESDAY 23 JUNE 2021

08:45	EXPO VIEWING & NETWORKING
	OPENING PLENARY DAY 2
09:00	OPENING KEYNOTE: WORKPLACE CIVILITY AS A STRATEGY TO PREVENT JOB BURNOUT - Dr Michael Leiter , world authority on workplace burnout; Honorary Professor, School of Psychology, Deakin University ; Adjunct Professor, Acadia University, Canada
09:20	FIRESIDE CHAT: WHAT IS EMPATHIC LEADERSHIP? - Craig Hudson , Managing Director, Xero, Aotearoa (New Zealand) ; Moderator: Jessica Yun , Workplace Correspondent & Finance News Producer, Yahoo Finance
09:40	PLENARY KEYNOTE: GENDER INEQUALITY AT WORK: THE IMPACT ON WOMEN'S MENTAL AND PHYSICAL HEALTH - Tanja Kovac , CEO, Gender Equity Victoria (GEN VIC)
09:55	FIRESIDE CHAT: FUTURE OF WELLBEING IN THE WORKPLACE - Scott Montgomery , CEO and Co-Founder, wellteq ; Travis Johnson , Global Product Lead, Garmin Health
10:10	PLENARY PANEL: 2020 LEFT EMPLOYEES FEELING DISENGAGED, BURNT OUT AND DOWNRIGHT EXHAUSTED - WHAT CAN LEADERS DO? - Panellists: Dr Michael Leiter , world authority on workplace burnout; Honorary Professor, School of Psychology, Deakin University ; Adjunct Professor, Acadia University, Canada ; Craig Hudson , Managing Director, Xero, Aotearoa (New Zealand) ; Dawn O'Neil AM , mental health thought leader, Breathing Space Ambassador, CogNative Solutions ; Moderator: Sophie Scott , Medical Reporter, ABC
10:30	MORNING COFFEE BREAK, EXPO VIEWING & NETWORKING
10:45 - 12:30	CONFERENCE TRACKS DAY 2



MENTAL WELLBEING

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EMPLOYEE ENGAGEMENT



LEADERSHIP

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Unmind



SOLUTIONS

10:45

POST-COVID BURNOUT - HOW TO ENGAGE AND SUPPORT EMPLOYEES IN A HYBRID WORKPLACE - Dr Mark Cross, Lead Psychiatrist in the ABC TV series, **Changing Minds**; author of *Anxiety*

YOU CAN'T HAVE ENGAGEMENT WITHOUT EMOTION: WHY THIS IS OFTEN THE MISSING LINK - Sue Langley, Founder and CEO, **Langley Group**

FIRESIDE CHAT: DEVELOPING RESILIENT AND AGILE WORKFORCES THROUGH VALUES BASED LEADERSHIP - Zach Hotchkiss, Country Manager, ANZ, **Unmind**; **TBC**

FIRESIDE CHAT: HOW TO CHOOSE THE MOST EFFECTIVE NUTRITION INTERVENTION FOR YOUR PEOPLE - Camilla Henderson, Work Health Advisor and Dietitian, **Bupa**; Corinne Tighe, accredited practising dietitian, Health Coach, **Bupa**

11:00

FIRESIDE CHAT: MENTAL FITNESS - THE KEY TO PEAK PERFORMANCE - Candice Smith, Head of Wellbeing, **AIA Australia**; Dr Kate Hall, Head of Mental Health and Wellbeing, **AFL**

FIRESIDE CHAT: HOW CAN WE GUIDE AND SUPPORT TEAMS FACING DISRUPTION AND AN UNCERTAIN FUTURE? - Sandra De Kock, GM People & Culture, **Perth Airport**; Martin Cowie, Chief People Officer, **OMD**

REFLECTION & DEBRIEFING - A KEY WELLBEING STRATEGY FOR LEADERS & TEAMS - Sally Craig, GM People & Culture, **Kennards Hire**

EARNED WAGE ACCESS: WHAT IT IS AND HOW IT WORKS - Josh Vernon, CEO, **Earnrd**

11:15

WE NEED TO TALK ABOUT MASCULINITY, SOCIAL CONNECTEDNESS AND MENTAL HEALTH - Dr Zac Seidler, Director of Mental Health Training, **Movember**

FIRESIDE CHAT: ACT ON FEEDBACK - HOW TO USE A PRACTICAL, EMPLOYEE-CENTRED APPROACH TO ENGAGEMENT ACTION PLANNING - Katie Ashton-Taylor, Head of People - ADF Health Services, **Bupa**; Felicity Barrow, Organisational Development Lead, **Bupa**

FIRESIDE CHAT: THE DIFFICULT TOPIC OF DISCLOSURE AT LEADERSHIP LEVEL - Michelle Loader, Managing Director, **Fisher Leadership**; Dawn O'Neil AM, mental health thought leader, Breathing Space Ambassador, **CogNative Solutions**

FIRESIDE CHAT: BUILDING WELLBEING INTO YOUR WORKPLACE STRATEGY - THEN MONITORING AND MEASURING IT - Cassandra Kirk, Head Design & Strategy, **Axiom Workplaces**; Annelie Xenofontos, Senior Associate Strategy, **Axiom Workplaces**

11:30	<p>FIRESIDE CHAT: GRIEF IN THE WORKPLACE: HOW TO HANDLE DEATH, LOSS AND TRAUMA - Amanda Tipping, Partnerships Manager, Pink Elephants Support Network; Dr Zac Seidler, Director of Mental Health Training, Movember; Linda Fitzhardinge, Partnerships Director & Compassion Architect, The Groundswell Project</p>	<p>AM I SAFE? HOW THE ANSWER TO THIS QUESTION INFLUENCES EVERYONE'S WELLBEING - Linda Ray, Founder and Chief Executive Officer, NeuroCapability</p>	<p>FIRESIDE CHAT: WHY LEADERS SHOULD TAKE A 'MENTAL HEALTH DAY' - Dr Mark Cross, Lead Psychiatrist in the ABC TV series, Changing Minds; author of <i>Anxiety</i>; Rachel Green, CEO, SANE Australia</p>	<p>FIRESIDE CHAT: USING TECHNOLOGY TO ENABLE YOUR EMPLOYEES WELLBEING EXPERIENCE - Richard Body, Head of Digital Solutions, Willis Towers Watson; Emma Longmore, Head of Communication, Willis Towers Watson</p>
11:45	<p>CASE STUDY: STRONGER TOGETHER - DEVSING AND IMPLEMENTING A MENTAL HEALTH STRATEGY AT KMART - Conor Duffy, National Injury & Wellbeing Manager, Kmart</p>	<p>FIRESIDE CHAT: RESILIENCE – WHAT DOES IT REALLY MEAN? - Yemi Penn, Engineer, Entrepreneur and Transformation Leader; Andrew MacNiven, Communications and Education Manager, Money101</p>	<p>THE POWER OF POSITIVE LEADERSHIP IN A VUCA WORLD - Dr Suzy Green, Clinical and Coaching Psychologist, Founder, The Positivity Institute</p>	<p>COFFEE-AS-A-SERVICE, THE FUTURE OF OFFICE COFFEE - David Scott, Managing Director, Brewhub</p>
12:00	<p>PANEL: STEPPED CARE MODEL - USING DIGITAL CARE TO SUPPORT YOUR EMPLOYEES WHEREVER THEY ARE ON THE HEALTH CONTINUUM - Panellists: Dr Joti Samra, registered psychologist, CEO & Founder, My Workplace Health, Canada; Dr Angie Montgomery, Health psychologist, Clinical Director, Cortex; Harry Gasiamis, Head of Sales B2B Health/ Fleet ANZ, Garmin; Moderator: Gretchen Masters, Program Development Manager, wellteq</p>	<p>PANEL: JUMPSTARTING AN EXHAUSTED WORKFORCE - STRATEGIES TO HELP EMPLOYEES REVIVE AND THRIVE - Panellists: Damien King, Founder, CEO/ CTO, PUML Better Health; Stephanie Thompson, Workplaces Program Lead, WayAhead - Mental Health Association NSW; Ryan McGrory, Head of Employee Experience & Internal Communications, Youi; Steven Furman, Founder & CEO, Paytime; Moderator: Dipra Ray, CEO, Springday</p>	<p>PANEL: WHAT DOES IT MEAN TO BE A COMPASSIONATE LEADER? - Panellists: Zach Hotchkiss, Country Manager, ANZ, Unmind; James Fenwick, Director of Operations, BODi Corporate; Gillian Coutts, Country Director, Potential Project Australia</p>	<p>THERE'S A WORLD OF DIGITAL MENTAL HEALTH PROGRAMS OUT THERE: LET US HELP YOU NAVIGATE IT - Heidi Sturk, Director, e-Mental Health in Practice, Queensland University of Technology</p>
12:15				

ROUNDTABLES DAY 2

ROUNDTABLE 1: HOW TO DRIVE LARGE-SCALE CULTURE CHANGE AROUND MENTAL HEALTH IN THE WORKPLACE - Jordana Cheong, Client Success Lead ANZ, Unmind; Matt Meffan, Enterprise Account Executive, Unmind

ROUNDTABLE 2: IS FINANCIAL WELLNESS MORE THAN JUST A PAY CHEQUE? - Brad Joffe, GM Australia, Earnd; Josh Vernon, CEO, Earnd

12:30

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13:00

ROUNDTABLE 3: VIDEO CONFERENCING: ITS EFFECT ON WORKPLACE WELLBEING, COMMUNICATION & COLLABORATION - Annelie Xenofontos, Senior Associate Strategy, Axiom Workplaces

ROUNDTABLE 4: HOW TO PILOT NEW HEALTH & WELLNESS INITIATIVES - James Allingham, Venture Design and Delivery Senior Manager, Bupa; Giulia Belleflamme, accredited practising dietitian, Health Coach, Bupa

ROUNDTABLE 5: "I'D RATHER DISCUSS SEX THAN MONEY" – BREAKING THE STIGMA AROUND PERSONAL FINANCE - Yemi Penn, Engineer, Entrepreneur and Transformation Leader; Catherine Birchall, Founding Director, Money101; Andrew MacNiven, Communications and Education Manager, Money101

ROUNDTABLE 6: IMPACT OF COVID ON PREVENTATIVE SKIN CANCER SCREENING - Broni Scarce, ANZ Business Development Director, SkinVision

ROUNDTABLE 7: CREATING A DIGITAL BEHAVIOUR CHANGE PROGRAM FOR YOUR WORKFORCE - Sanji Kanagalingam, CEO, WeGuide

13:00

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15:00

CONFERENCE TRACKS DAY 2 (CONTINUED)



MENTAL WELLBEING

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EMPLOYEE ENGAGEMENT



FITNESS, NUTRITION & SLEEP



SOLUTIONS

13:00

SHIFTING FROM TOXIC TO SUPPORTIVE WORKPLACE CULTURES - Dr Jenny George, CEO, Converge International

PRIORITISING EMPLOYEE MENTAL HEALTH AND WELLBEING TO ATTRACT (& KEEP) TOP TALENT - Dr Mark Cross, Lead Psychiatrist in the ABC TV series, *Changing Minds*; author of *Anxiety*

FORGET FITNESS AND NUTRITION IF YOU DON'T ADDRESS SLEEP FIRST - Dr Justine Tuffley, Health & Wellbeing Specialist, Healthworks

ENGAGEMENT = ROI ... WHEN DIGITAL WELLBEING ACTUALLY WORKS - Nick Williams, Head of Business Development, Springday

13:15	<p>LET'S TALK ABOUT THE UNSPOKEN: LONELINESS & BELONGING AT WORK - Christine Yeung, award winning psychologist, Founder & CEO, Beyond Story</p>	<p>FIRESIDE CHAT: HOW DOES INSTANT GRATIFICATION PLAY A ROLE IN EMPLOYEE ENGAGEMENT – Steven Furman, Founder & CEO, Paytime; Callum Seadon, Founder & Managing Director, Trigger Group</p>	<p>PANEL: MOVE OVER ZOOM FATIGUE - BRING BACK ENERGY, VITALITY & MOTIVATION TO YOUR WORK - Panellists: Kim Turnbull, Human Resources Manager, Carroll & O'Dea Lawyers; Maria Lykouras, General Manager Advice, Commonwealth Private; Moderator: Michele Chevalley Hedge, Nutritionist, international speaker and author, A Healthy View</p>	<p>HOW DO YOU HELP YOUR MOST VALUABLE ASSET TURN THEIR WAGES INTO WEALTH? Daniel McGregor, Wealth Coach, Workplace Wealth</p>
13:30	<p>MANAGING PSYCHOLOGICAL HAZARDS IN THE WORKPLACE - Ian Firth, State Inspector, SafeWork NSW</p>	<p>THE RIGHT TO DISCONNECT - WHOSE RESPONSIBILITY? - Dr Jenny George, CEO, Converge International</p>	<p>FIRESIDE CHAT: NOURISH YOUR FERTILITY - WHAT TO PACK IN A FERTILITY FRIENDLY LUNCH BOX - Dr Helen Peric, Fertility Specialist, City Fertility; Stefanie Valakas, expert fertility dietitian; Founder, The Dietologist</p>	<p>BRINGING BACK SKIN CHECKS POST COVID - Broni Scarce, ANZ Business Development Director, SkinVision</p>
13:45	<p>UTILISING SOCIAL CONNECTION AND PHYSICAL ACTIVITY TO IMPROVE MENTAL HEALTH IN THE WORKPLACE - Louis Island, Co-founder and Operations Manager, Active & Thriving</p>	<p>THE LEAD CARE MODEL: SIMPLE STEPS TO EMBED AN ENGAGING WELLBEING CULTURE WHERE EVERYONE THRIVES - Dr Fiona Crichton, health psychologist and Clinical Team Lead, Mentemia, New Zealand</p>	<p>FIRESIDE CHAT: THE BENEFITS OF FLEXIBLE WORK SCHEDULES - MORE THAN A PERK? - Lucy Hammill, Head of Workplace Experience, PEXA; Dr Fiona Crichton, health psychologist and Clinical Team Lead, Mentemia, New Zealand</p>	<p>FIRESIDE CHAT: THE FUTURE OF EAP - HOW COLLABORATIVE AND PROACTIVE FRAMEWORKS ARE A WIN-WIN GAME - Richard Martin, National Sales and Customer Experience Director QLD, Benestar; Karen Matthews, Senior Customer Relationship Manager, Benestar</p>
14:00	<p>FIRESIDE CHAT: HOW DO I STOP TAKING WORK HOME WHEN I WORK FROM HOME? Aaron Khan, CEO & Founder, BODi Corporate; James Fenwick, Director of Operations, BODi Corporate</p>	<p>FIRESIDE CHAT: THE BENEFITS OF FLEXIBLE WORK SCHEDULES - MORE THAN A PERK? - Lucy Hammill, Head of Workplace Experience, PEXA; Dr Fiona Crichton, health psychologist and Clinical Team Lead, Mentemia, New Zealand</p>	<p>HOW DOES THE MICROBIOME AFFECT NOT ONLY OUR MOOD BUT ALSO HOW WE THINK, FEEL AND BEHAVE? - Sue Langley, Founder and CEO, Langley Group</p>	<p>WORKPLACE ALCOHOL AND OTHER DRUGS POLICY: WHY YOU NEED ONE AND HOW TO DO IT RIGHT - Dr Richard Cash, Head of Service Development, 360Edge</p>
14:15	<p>FIRESIDE CHAT: IS TECHNOLOGY A DOUBLE EDGED SWORD FOR EMPLOYEE MENTAL HEALTH? Associate Professor Anya Johnson, Deputy Head, Work and Organisational Studies, The University of Sydney Business School; Dr Helena Nguyen, Work and Organisational Studies, The University of Sydney Business School</p>	<p>CASE STUDY: WHAT MAKES A GREAT PLACE TO WORK, ESPECIALLY IN EXTRAORDINARY TIMES? - Carli Phillips, Wellbeing Lead Australia & New Zealand; EAP Lead, APAC, Johnson & Johnson</p>	<p>FIRESIDE CHAT: HOW TO SUPPORT OPTIMAL ALERTNESS IN THE WORKPLACE - Dr Andrew Tucker, Director, Australian Sleep & Alertness Consortium, Sleep Health Foundation; Dr Moira Junge, Health Psychologist and Board Member, Sleep Health Foundation</p>	<p>HOW WEGUIDE SOLVES WORKPLACE WELLNESS CHALLENGES - Sanji Kanagalingam, CEO, WeGuide</p>

14:30	<p>PANEL: WHY WE NEED TO FOCUS ON MORE THAN ILLNESS TO IMPROVE MENTAL HEALTH OUTCOMES - Panellists: Dr Joep van Agteren, Research and Development Lead, Wellbeing and Resilience Centre, SAHMRI; Ian Westmoreland, Founder and Chairman, Mentoring Men; Stephanie Thompson, Workplaces Program Lead, WayAhead - Mental Health Association NSW; Moderator: Dr Suzy Green, Clinical and Coaching Psychologist, Founder, The Positivity Institute</p>	<p>PANEL: THE POWER OF FORESIGHT: HOW LEADING ORGANISATIONS ARE REDUCING THEIR PEOPLE RISK EXPOSURE BY FOCUSING ON EMPLOYEE EXPERIENCE - Moderator: Dr Adam Hall, Senior Director, Talent & Reward Australia, Willis Towers Watson</p>	<p>PANEL: EXERCISING DURING YOUR LUNCH BREAK - TIME WASTER OR TIME SAVER? - Gillian Coutts, Country Director, Potential Project Australia; Ryan McGrory, Head of Employee Experience & Internal Communications, Youi; Dr Mark Cross, Lead Psychiatrist in the ABC TV series, Changing Minds; author of <i>Anxiety</i></p>	
15:00	AFTERNOON COFFEE BREAK, EXPO VIEWING & NETWORKING			
CLOSING PLENARY DAY 2				
15:15	PLENARY KEYNOTE: DARE TO LEAD LIKE A GIRL - Dalia Feldheim , organisational psychologist; Adjunct Professor, Singapore Management University			
15:30	FIRESIDE CHAT: ETHICAL DECISION MAKING IN BUSINESS - HOW DOES YOUR COMPANY CULTURE STAND UP? Simon Illingworth , former Detective Sergeant and anti-corruption investigator; CEO, Ethical Strength ; Dr Greg Wood , business ethics expert, retired professor, Dept of Management, Deakin University			
15:50	PLENARY KEYNOTE: THE IMPORTANCE OF MEASURING AND ACTING UPON PSYCHOSOCIAL RISK IN THE WORKPLACE - Dr Adrian Tomy , National Manager, Research & Analytics, Corporate & International, Bupa			
16:00	CLOSING PLENARY KEYNOTE DAY 2: WHY AUSTRALIAN WORKPLACES NEED RESILIENCE AGAINST RACISM - Wesa Chau , Co-founder of Resilience Against Racism and CEO, Cultural Intelligence			
16:15	PLENARY PANEL: COURAGE, RESILIENCE, FLEXIBILITY & CHANGE - HOW CAN WE BUILD ON THE STRIDES WE MADE IN 2020? Panellists: Wesa Chau , Co-founder of Resilience Against Racism and CEO, Cultural Intelligence ; Domino Risch , Principal, Hassell Architects ; Moderator: Dr Jenny George , CEO, Converge International			
16:45	EXPO VIEWING & NETWORKING			
17:30	EXPO CLOSES			